

TO FINISH

CARTMEL STICKY TOFFEE PUDDING with cream, custard or ice cream	£6.00
BAKED NEW YORK CHEESECAKE served with fruit compote and cream or ice cream	£5.50
ETON MESS classic English dessert of meringue, strawberries and whipped double cream	£5.00
ENGLISH BRAMLEY APPLE PIE served with cream, custard or ice cream	£5.00
RICH CHOCOLATE BROWNIE served warm with cream, custard or ice cream	£5.00
CHEESE AND BISCUITS choose from our selection of blue, smoked, soft and mature cheeses, served with grapes, celery and sweet chutney	4 CHEESES £8.00 3 CHEESES £6.00

HOT DRINKS

COFFEE

ESPRESSO	£2.00
AMERICANO	£2.60
CAPPUCCINO	£3.00
LATTE	£3.00

TEA

ENGLISH BREAKFAST	£2.50
EARL GREY	£2.50
FRUIT	£2.50
GREEN	£2.50

CHOCOLATE

HOT CHOCOLATE	£3.00
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MILKSHAKES

BANANA	£2.50	VANILLA	£2.50
CHOCOLATE	£2.50		

JOIN US AT YE OLDE FIGHTING COCKS FOR EVERY OCCASION

MONDAY
CHIP SHOP MONDAY WITH ALL THE FAVOURITES

FRIDAY
STEAK NIGHT
80Z LOCAL RUMP STEAK MEAL FOR JUST £10
ADD A BOTTLE OF HOUSE WINE FOR £10

SATURDAY
LIVE MUSIC ACTS EVERY MONTH
SEE POSTERS OR ASK THE TEAM FOR DETAILS

SUNDAY
JOIN US FOR OUR FRESHLY PREPARED SUNDAY ROASTS
LIVE SPORTS SHOWN ON OUR 4 HD TVS

DID YOU KNOW?

WE HAVE 22 ENSUITE LETTING BEDROOMS AND 4 STAR AA INN STATUS

WE HAVE A CONFERENCE AND MEETING ROOM AVAILABLE FOR HIRE AND CAN CATER FOR...

WEDDING RECEPTIONS
GOLFING BREAKS
BIRTHDAY PARTIES
CELEBRATIONS

LOGON TO OUR WIFI

NETWORK - TNCAP8D88CP
PASSWORD - 360E7B3A21

FOLLOW US ON FACE BOOK FOR EXCLUSIVE OFFERS AND DISCOUNTS

◆ YE OLDE ◆ FIGHTING COCKS

◆
A R N S I D E

FOOD & DRINK

The Promenade, Arnside, Cumbria, LA5 0HD • Tel: 01524 761176

www.fightingcocksarnside.co.uk E: yofcarnside@hotmail.com f [YeOldeFightingCocksArnside](https://www.facebook.com/YeOldeFightingCocksArnside)

V denotes suitable for vegetarians. All weights are approximate before cooking. Some dishes may contain traces of nuts or nut derivatives. Dishes with fish may contain bones. Ye Olde Fighting Cocks avoids the use of G.M. foods within their ingredients and so is confident that this menu is free from any genetically modified foods. All our products are subject to availability as some of our ingredients are locally sourced. Food Allergies & Intolerances: Please speak to our staff about the ingredients in your meal, when placing your order. We can adapt some of our dishes to suit dietary requirements, please ask when placing your order. Thank you.

• YE OLDE •
FIGHTING COCKS
 ARNSIDE

TO BEGIN

CHEF'S HOMEMADE SOUP OF THE DAY with artisan bread	£4.50	TIGER PRAWNS WITH CHILLI AND GARLIC oven baked with olive oil, garlic, chilli and fresh parsley	£7.00
LOCAL MORECAMBE BAY SHRIMPS on a warm crumpet with salad garnish	£7.00	BLACK PUDDING AND BACON STACK with a warm poached egg and a coarse grain mustard sauce	£6.00
MIXED MUSHROOMS (V) in creamy garlic sauce served on a warm ciabatta roll	£5.00	LIGHTLY SPICED FALAFEL with roasted onion houmous and dressed salad	£5.00
COARSE PORK LIVER PÂTÉ with toast and Chef's special chutney	£5.00		

SANDWICHES

Served between 12noon and 5.30pm
 all served with salad garnish

£6 EACH OR 2 FOR £10

MATURE CHEESE AND TOMATO

BLT

HAND CARVED HAM AND MATURE CHEESE

HAND CARVED HAM SALAD

MATURE CHEESE AND LANDLORD'S CHUTNEY

TANDOORI CHICKEN WRAP

CHICKEN FAJITA WRAP

ADD A BOWL OF CHUNKY CHIPS £3.00
 ADD A MUG OF HOMEMADE SOUP £1.75

DAYTIME MENU

Served between 12noon and 5.30pm

£6 EACH OR 2 FOR £10

CHEESE AND ONION PASTY,
 CHIPS AND GARDEN PEAS

MEAT AND POTATO PIE, CHIPS,
 MUSHY PEAS AND GRAVY

CHICKEN AND MUSHROOM PIE, CHIPS,
 GARDEN PEAS AND GRAVY

BEEF AND VEGETABLE PASTY, CHIPS,
 GARDEN PEAS AND GRAVY

BRACE OF FREE RANGE FRIED EGGS,
 CHIPS AND BAKED BEANS

HAND CARVED LOCAL HAM, FRIED EGG,
 CHIPS AND GARDEN PEAS

NACHOS WITH CHEESE, PEPPERS AND JALAPEÑOS

HOMEMADE TOAD IN THE HOLE, CHIPS,
 GARDEN PEAS AND GRAVY

MAIN COURSES

FISH AND CHIPS hand battered haddock with chips, mushy peas and tartar sauce	SML £8.00 LRG £11.50
STEAK AND ALE POT PIE tender steak and mushrooms braised in Thwaites ale topped with cheesy mash and served with mixed vegetables	SML £8.00 LRG £11.50
CATCH OF THE DAY locally caught fish, please ask for today's choice, served with crushed new potatoes, lemon butter sauce and fine beans	£13.00
SCAMPI 8 pieces of wholetail scampi served with chips, garden peas and salad garnish	£12.00
TRIO OF SAUSAGES 3 locally made sausages, please ask for today's flavours, with creamy mash and onion gravy	£10.00
BEEF BURGER 8oz handmade beef patty topped with cheese, lettuce and tomato and served with an onion ring, chips and salad	£12.00
ULTIMATE VEGAN BURGER (V) Quorn based patty with vegan cheese, lettuce and tomato and served with chips and salad	£11.00
PORK BELLY slow cooked belly pork, grain mustard mash, seasonal vegetables and Chef's gravy	£12.00
CLASSIC ITALIAN SPAGHETTI BOLOGNESE our homemade beef bolognaise sauce with freshly cooked spaghetti and garlic bread slices	£11.00
BEEF LASAGNE classic Italian dish, topped with cheese and served with salad and garlic bread slices	£10.00
VEGETABLE LASAGNE (V) chunky vegetables with pasta and bechamel sauce and served with salad and garlic bread slices	£10.00
HOMEMADE CHICKEN BREAST MADRAS served with rice and tortilla chips	SML £8.00 LRG £11.00
HOMEMADE BEEF CHILLI CON CARNE served with rice and tortilla chips	SML £8.00 LRG £11.00

SIDES

PORTION OF CHIPS	£3.00
ONION RINGS	£2.50
MIXED SALAD	£3.00
GARLIC BREAD SLICES	£3.00

FROM THE GRILL

STEAKS

All our prime cuts of local beef are cooked to
 your liking and are served with sautéed
 mushrooms, onion rings, grilled tomato,
 salad and chips

8OZ RUMP STEAK	£15.00
8OZ RIBEYE STEAK	£17.00
8OZ CENTRE CUT FILLET STEAK	£23.00
7OZ LAMB PAVE STEAK Finest cut of lamb rump with grain mustard mash, seasonal vegetables and minted gravy	£14.00
10OZ GAMMON STEAK Thick D cut gammon steak with two free range fried eggs, chips and garden peas	£11.00
8OZ CAJUN CHICKEN Marinated chicken breast grilled and served with new potatoes and house salad	£10.00

SALADS

CHICKEN CAESAR SALAD chicken breast, baby gem lettuce, shaved Parmesan, anchovies and garlic croutons	£12.00
RUMP STEAK SALAD sliced, seared rump steak with rocket and baby gem lettuce, tomato, red onion, crispy bacon lardons and honey and mustard dressing	£13.00
HOUSE SALAD classic mixed leaf salad with home cooked ham, cheese, coleslaw and Chef's chutney	£10.00

SUNDAY ROASTS

served every Sunday from 12noon

ROAST BEEF, CHICKEN OR VEGETARIAN ROAST with roast and mashed potatoes, Yorkshire pudding, mixed vegetables and gravy	£11.50
MEGA DOUBLE MEAT ROAST with your choice of any two of our roasts	£14.00
LIGHT BITE SINGLE MEAT ROAST DINNER a smaller portion of our classic roast dinner	£8.00

CHILDREN'S MENU

all served with baked beans or garden peas

CHICKEN NUGGETS AND CHIPS • FISH FINGERS AND CHIPS • 4OZ CHEESE BURGER AND CHIPS
 FRIED EGGS AND CHIPS • SCAMPI AND CHIPS • BANGERS AND MASH

ANY MAIN MEAL....

WITH A FRUIT SHOOT £5.99 WITH FRUIT SHOOT AND ICE CREAM TUB £7.99

UPGRADE TO A MILKSHAKE FOR JUST £1.00 EXTRA